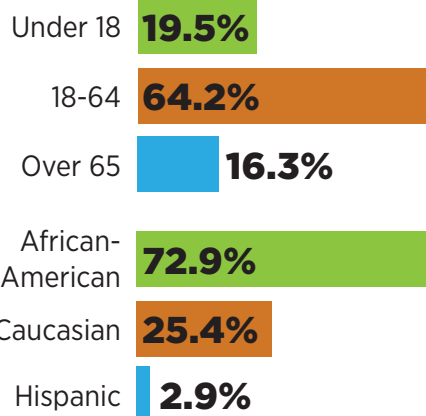


Moving Toward a Healthier Allendale County

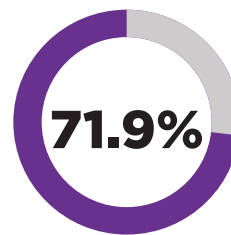
Based on the 2015 County Health Rankings¹, Allendale County is ranked **28th** out of 46 counties in South Carolina for health outcomes, which measures length and quality of life, and is ranked **46th** for health factors, which measures health behaviors, clinical care, social and economic factors, and physical environment.

Allendale County Demographics

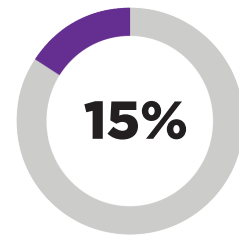
Population = 9,695²



High School Education³



College Education³



Median Household Income³ = \$25,252



9.7%

Unemployment³



36%

Poverty²

Allendale County Health Statistics

Leading Causes of Death⁴



Heart Disease



Cancer



Diabetes



40%

are obese⁵



34%

are not physically active⁵



17%

have diabetes⁵



22%

currently smoke cigarettes⁶

Children in South Carolina

County-level data on children's health is not currently available.



children ages 2-17 are overweight or obese⁷

68%

Middle School

76%

High School

S.C. students do not get the recommended 60 minutes of physical activity every day⁸



16%

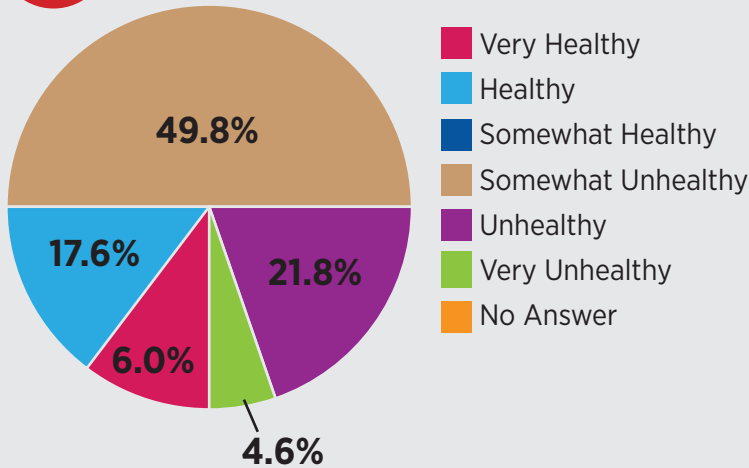
high school students currently smoke cigarettes⁸

Allendale County Community Health Assessment Results

Allendale County leaders conducted a community health assessment to determine how residents feel about their health, their healthy eating and active living practices, and the areas in need of improvement. Volunteers **interviewed 356 residents.**



How would you rate the overall health of the community?



What are the 3 most concerning health issues in Allendale County?

- 46.5%** Heart disease, Stroke and High blood pressure
- 38.9%** Aging
- 32.7%** Diabetes



What are the 3 most common “risky behaviors” in Allendale County?

- 54.6%** Lack of exercise
- 51.7%** Poor eating habits
- 36.7%** Being overweight



What do you think are the most common “risky behaviors” in your community?

- 55.2%** Alcohol abuse
- 53.1%** Drug abuse
- 38.6%** Unsafe sex

Examples of Community Action in Allendale County

Community coalitions are working diligently to close the health disparity gap and to improve the health of their communities by providing access to healthy choices at school, work, church and in the community.



Healthy School Environments

100% of Allendale County schools have implemented the SC Farm to School Program. **One** preschool has participated in the program.



Access to Healthy Foods

County leaders and organizers **established the Allendale County Farmer’s Market.** The market accepts SNAP and Senior and WIC vouchers.



Active Community Environments

The H.Y.P.E. Project team **assessed fruit and vegetable consumption at school.** The team worked with cafeteria staff to implement food placement and other strategies to make fruit and vegetable more visible to students.



Tobacco-Free & Smoke-Free Communities

Allendale County School District adopted **a district-wide tobacco-free policy**, as well as USC Salkehatchie. These policies impact more than **2,592 people**⁹.

1. County Health Rankings, Robert Wood Johnson Foundation, 2015.
2. United States Census Bureau, 2015.
3. S.C. Department of Employment and Workforce, October 2015.
4. S.C. Department of Health and Environmental Control Vital Statistics, 2014.
5. Behavioral Risk Factor Surveillance System, Centers for Disease Control and Prevention, 2011-2013.
6. Behavioral Risk Factor Surveillance System, Centers for Disease Control and Prevention, 2006-2012.
7. S.C. Department of Health and Environmental Control, CHAS 2014.
8. Youth Risk Behavior Surveillance System, Centers for Disease Control and Prevention, 2013.
9. S.C. Tobacco-Free Collaborative, September 2015.



www.scdhec.gov
www.esmmsc.org