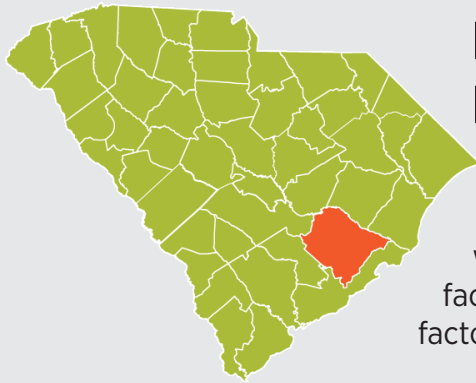


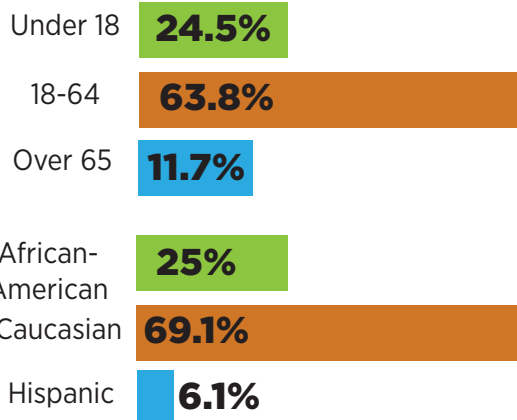
Moving Toward a Healthier Berkeley County



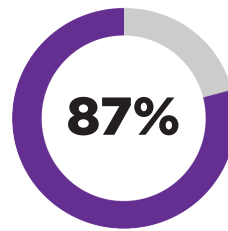
Based on the 2015 County Health Rankings¹, Berkeley County is ranked **8th** out of 46 counties in South Carolina for health outcomes, which measures length and quality of life, and is ranked **14th** for health factors, which measures health behaviors, clinical care, social and economic factors, and physical environment.

Berkeley County Demographics

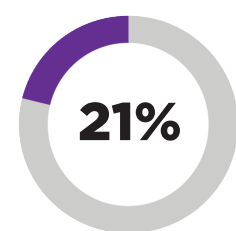
Population = 198,205²



High School Education³



College Education³



Median Household Income² = \$52,427



5.4%

Unemployment³



14.4%

Poverty²

Berkeley County Health Statistics

Leading Causes of Death⁴



Cancer



Heart Disease



Chronic Lower Respiratory Disease

Risk Factors Among Adults



36.3%

are obese⁵



24.8%

are not physically active⁵



13.2%

have diabetes⁵



23%

currently smoke cigarettes⁶

Children in South Carolina

County-level data on children's health is not currently available.



children ages 2-17 are overweight or obese⁷

68% Middle School S.C. students do not get the recommended 60 minutes of physical activity every day⁸

76% High School S.C. students do not get the recommended 60 minutes of physical activity every day⁸



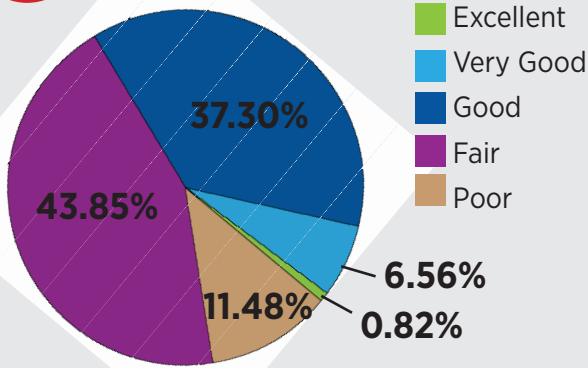
16% high school students currently smoke cigarettes⁸

Berkeley County Community Health Assessment Results

Berkeley County leaders conducted a community health assessment to determine how residents feel about their health, their healthy eating and active living practices, and the areas in need of improvement. Volunteers **interviewed 623 residents.**



How would you rate the overall health of the community?



What are the 3 main reasons why people in your community are not often physically active?

- 52.2%** Too Tired After Work
- 44.9%** Not Enough Sidewalks
- 34.8%** Too Hot/Too Cold



What are the 3 main reasons why people in your community do not frequently eat healthy foods?

- 65.2%** Eat Fast Food Regularly
- 51.7%** Too Expensive
- 48.6%** Don't Cook at Home

Examples of Community Action in Berkeley County

Community coalitions are working diligently to close the health disparity gap and to improve the health of their communities by providing access to healthy choices at school, work, church and in the community.



Healthy School Environments

Thirty-seven (90%) schools in Berkeley School District participated in the district wellness checklist initiative, and **36** met the minimum qualifications. A total of **7** schools have health plans. **Five** completed the Alliance for a Healthier Generation Assessment and Action Plan, and **2** completed the School Health Index.



Faith-Based Tobacco Initiatives

Twelve faith-based organizations adopted tobacco-free policies. This impacts more than **640 people**⁹.



Youth Engagement

The Berkeley County HYPE Project Team (**10 youth**), representing **three** church youth groups, focused on ensuring the new community center had a health focus. **One** HYPE Team member was invited to serve on the center's Advisory Committee. As a result of the HYPE Team formation, the **three** churches have been engaging youth in activities and decisions.

1. County Health Rankings, Robert Wood Johnson Foundation, 2015.
2. United States Census Bureau, 2015.
3. S.C. Department of Employment and Workforce, June 2015.
4. S.C. Department of Health and Environmental Control Vital Statistics, 2014.
5. Behavioral Risk Factor Surveillance System, Centers for Disease Control and Prevention, 2011-2013.
6. Behavioral Risk Factor Surveillance System, Centers for Disease Control and Prevention, 2006-2012.
7. S.C. Department of Health and Environmental Control, CHAS 2014.
8. Youth Risk Behavior Surveillance System, Centers for Disease Control and Prevention, 2013.
9. S.C. Tobacco-Free Collaborative, June 2014.

