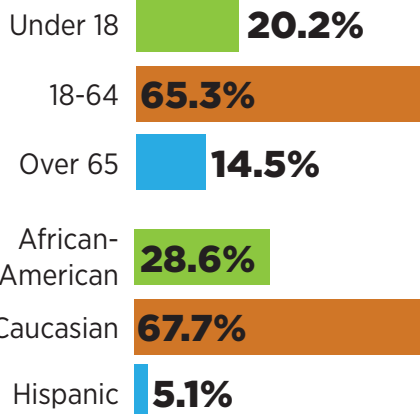


Moving Toward a Healthier Charleston County

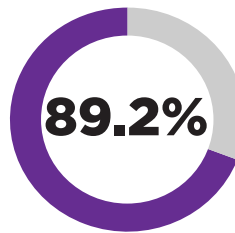
Based on the 2016 County Health Rankings¹, Charleston County is ranked **4th** out of 46 counties in South Carolina for health outcomes, which measures length and quality of life, and is ranked **3rd** for health factors, which measures health behaviors, clinical care, social and economic factors, and physical environment.

Charleston County Demographics

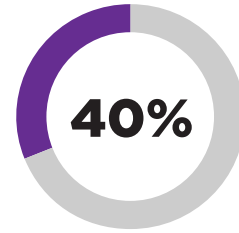
Population = 389,262²



High School Education³



Some College Education³



Median Household Income³ = \$52,083



6.9%

Unemployment³



16.8%

Poverty²

Charleston County Health Statistics

Leading Causes of Death⁴



Cancer



Heart Disease



Stroke

Risk Factors Among Adults



24.7%

are obese⁵



20.2%

are not physically active⁵



10.6%

have diabetes⁵



18%

currently smoke cigarettes⁶

Children in South Carolina

County-level data on children's health is not currently available.



children ages 2-17 are overweight or obese⁷

68% Middle School S.C. students do not get the recommended 60 minutes of physical activity every day⁸

76% High School S.C. students do not get the recommended 60 minutes of physical activity every day⁸



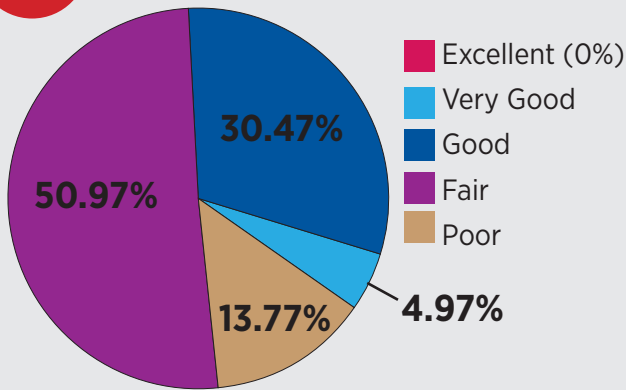
16% high school students currently smoke cigarettes⁸

Charleston County Community Health Assessment Results

Charleston County leaders conducted a community health assessment to determine how residents feel about their health, their healthy eating and active living practices, and the areas in need of improvement. In 2016, volunteers **surveyed 443 residents**.



How would you rate the overall health of the community?



What are the 3 most concerning health issues in Charleston County?

- 63.21%** Obesity/Overweight
- 45.37%** Diabetes
- 30.02%** High Blood Pressure



What are the 3 main reasons your community isn't active more often?

- 62.98%** Too tired after working
- 57.34%** Personal choice
- 33.41%** Too hot/cold



What are the 3 main reasons your community doesn't eat healthy foods more often?

- 60.95%** Eat fast food regularly
- 59.37%** Too expensive
- 56.88%** May not know how to eat healthy



Do you support smoke-free workplaces, including restaurants and bars?

- 93.45%** Yes
- 6.55%** No

Examples of Community Action in Charleston County

Community coalitions are working diligently to close the health disparity gap and to improve the health of their communities by providing access to healthy choices at school, work, church and in the community.



Active Community Environments

Two church groups and four organizations have formed walking groups to encourage the community to increase physical activity.



Healthy Worksites

Sixty area businesses participated in the Charleston Healthy Business Challenge program. **More than 350 participants** attended quarterly seminars to make worksite wellness a priority.



Healthy School Environments

68 out of 85 schools in Charleston School District participated in the district School Wellness Checklist initiative, with **58** earning wellness achievement awards. **Ten** schools have completed either the Alliance for a Healthier Generation or School Health Index as part of this initiative.



Tobacco-Free & Smoke-Free Communities

Charleston County School District adopted **a district-wide tobacco-free policy**, as well as **4 out of 7** colleges and universities. **Seven out of 12** Charleston County's Municipalities have adopted **smoke-free policies**. All of these policies impact over **302,000 people**.

1. County Health Rankings, Robert Wood Johnson Foundation, 2016.
2. United States Census Bureau, 2016.
3. S.C. Department of Employment and Workforce, April 2016.
4. S.C. Department of Health and Environmental Control Vital Statistics, 2014.
5. Behavioral Risk Factor Surveillance System, Centers for Disease Control and Prevention, 2011-2013.
6. Behavioral Risk Factor Surveillance System, Centers for Disease Control and Prevention, 2006-2012.
7. S.C. Department of Health and Environmental Control, CHAS 2014.
8. Youth Risk Behavior Surveillance System, Centers for Disease Control and Prevention, 2013.
9. S.C. Tobacco-Free Collaborative, September 2015.

