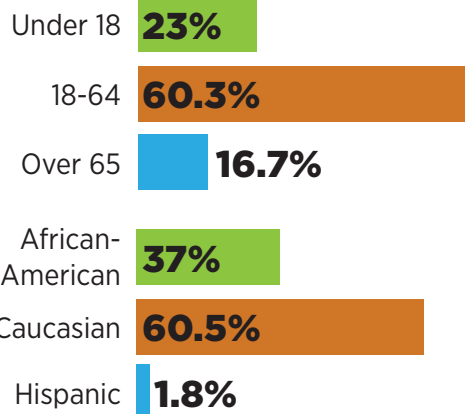


Moving Toward a Healthier Chester County

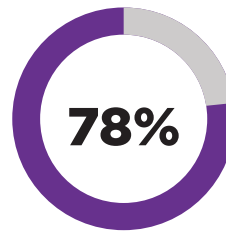
Based on the 2015 County Health Rankings¹, Chester County is ranked **35th** out of 46 counties in South Carolina for health outcomes, which measures length and quality of life, and is ranked **40th** for health factors, which measures health behaviors, clinical care, social and economic factors, and physical environment.

Chester County Demographics

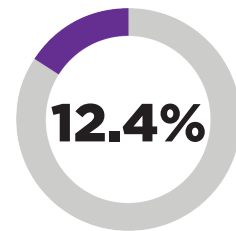
Population = 32,337²



High School Education³



College Education³



Median Household Income³ = \$33,103



7.9%

Unemployment³



24.5%

Poverty²

Chester County Health Statistics

Leading Causes of Death⁴



Heart Disease



Cancer



Chronic Lower Respiratory Disease

Risk Factors Among Adults



37%

are obese⁵



28%

are not physically active⁵



14%

have diabetes⁵



23%

currently smoke cigarettes⁶

Children in South Carolina

County-level data on children's health is not currently available.



children ages 2-17 are overweight or obese⁷

68% Middle School S.C. students do not get the recommended 60 minutes of physical activity every day⁸

76% High School S.C. students do not get the recommended 60 minutes of physical activity every day⁸



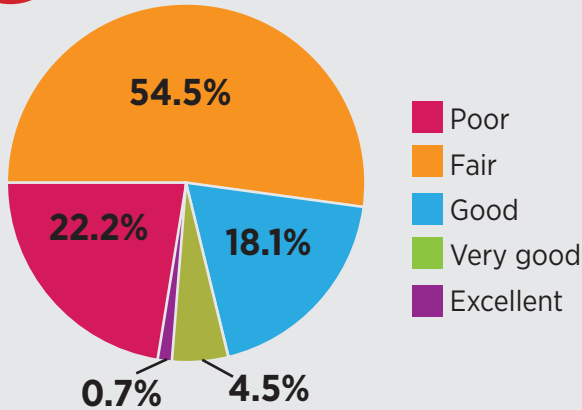
16% high school students currently smoke cigarettes⁸

Chester County Community Health Assessment Results

Chester County leaders conducted a community health assessment to determine how residents feel about their health, their healthy eating and active living practices, and the areas in need of improvement. Volunteers **interviewed 481 residents.**



How would you rate the overall health of the community?



What are the 3 the biggest health concerns in your community?

- 50.2%** Overweight/Obesity
- 46.3%** Drug use
- 41.3%** Alcohol use



What are the 3 main reasons your community isn't active more often?

- 40.5%** Personal choice
- 44.1%** Too tired after working
- 40.5%** Crime



What are the 3 main reasons your community doesn't eat healthy foods more often?

- 77.3%** Eat fast food too often
- 66.7%** Don't cook at home
- 61.5%** Too expensive



Do you support smoke-free workplaces, including restaurants and bars?

- 86.1%** Yes
- 13.9%** No

Examples of Community Action in Chester County

Community coalitions are working diligently to close the health disparity gap and to improve the health of their communities by providing access to healthy choices at school, work, church and in the community.



Active Community Environments

A **walkability assessment was conducted** in the City of Chester to identify opportunities for safe pedestrian activity and barriers. As a result, coalition leaders are partnering with Safe Routes to School, Department of Transportation, YMCA and other leaders to make improvements and to connect trails and recreation areas.



Access to Healthy Foods

The Chester County Farmer and Artisan Market saw a **64% increase in vendors** and a **90% increase in customers** over a 6-month period of time as a result of farmer education and the Let's Go! to the Farmers Marketing marketing campaign. In addition, the farmers market houses a community garden where a group of community volunteers manages its use.



Tobacco-Free & Smoke-Free Communities

York County Technical College adopted a **campus-wide tobacco-free policy**⁹.

1. County Health Rankings, Robert Wood Johnson Foundation, 2015.
2. United States Census Bureau, 2015.
3. S.C. Department of Employment and Workforce, October 2015.
4. S.C. Department of Health and Environmental Control Vital Statistics, 2014.
5. Behavioral Risk Factor Surveillance System, Centers for Disease Control and Prevention, 2011-2013.
6. Behavioral Risk Factor Surveillance System, Centers for Disease Control and Prevention, 2006-2012.
7. S.C. Department of Health and Environmental Control, CHAS 2014.
8. Youth Risk Behavior Surveillance System, Centers for Disease Control and Prevention, 2013.
9. S.C. Tobacco-Free Collaborative, September 2015.

