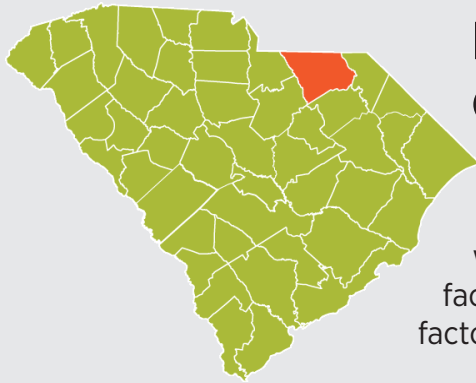


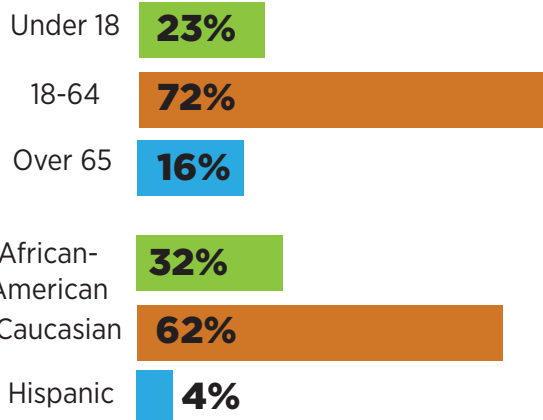
Moving Toward a Healthier Chesterfield County



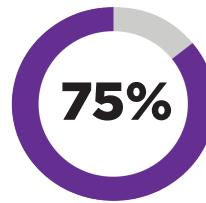
Based on the 2015 County Health Rankings¹, Chesterfield County is ranked **31st** out of 46 counties in South Carolina for health outcomes, which measures length and quality of life, and is ranked **35th** for health factors, which measures health behaviors, clinical care, social and economic factors, and physical environment.

Chesterfield County Demographics

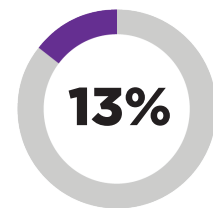
Population = 46,189²



High School Education³



College Education³



Median Household Income³ = \$31,252



5.8%

Unemployment³



27%

Poverty²

Chesterfield County Health Statistics

Leading Causes of Death⁴



Heart Disease



Cancer



Chronic Lower Respiratory Disease

Risk Factors Among Adults



34.4%

are obese⁵



28.8%

are not physically active⁵



13.7%

have diabetes⁵



24%

currently smoke cigarettes⁶

Children in South Carolina

County-level data on children's health is not currently available.



children ages 2-17 are overweight or obese⁷

68% Middle School S.C. students do not get the recommended 60 minutes of physical activity every day⁸


76% High School S.C. students do not get the recommended 60 minutes of physical activity every day⁸

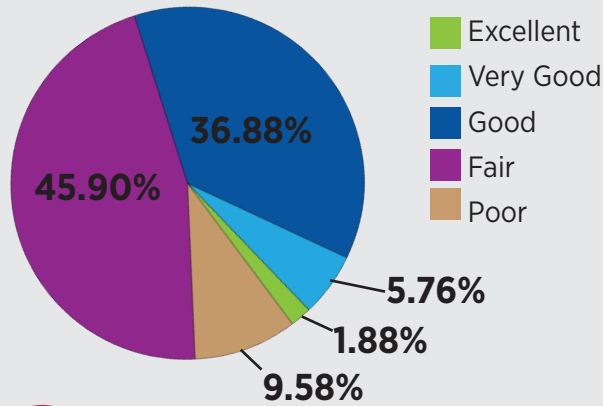



16% high school students currently smoke cigarettes⁸

Chesterfield County Community Health Assessment Results


Chesterfield County leaders conducted a community health assessment to determine how residents feel about their health, their healthy eating and active living practices, and the areas in need of improvement. Volunteers **surveyed 1,294 residents**.

 **How would you rate the overall health of the community?**




 **Do you support smoke-free workplaces, including restaurants and bars?**
84.93% Yes **15.07%** No

 **Survey of youth (grades 9-12) in 2014: Have you used alcohol in the last 30 days?**⁹
32.8% Yes **67.2%** No

 **What are the 3 most important health concerns in your community?**

- 48.89%** Illegal drug use
- 42.94%** Alcohol use
- 38.10%** Obesity/Overweight

 **What are the 3 main reasons people in your community are not active more often?**


- 45.64%** Personal choice
- 40.59%** Too tired after working
- 34.78%** No community events


 **What are the 3 main reasons that prevent people in your community from eating healthy?**


- 60.10%** Eating out rather than cooking
- 54.91%** Too expensive
- 38.08%** Don't know how to cook/plan healthy meals


Examples of Community Action in Chesterfield County

Community coalitions are working diligently to close the health disparity gap and to improve the health of their communities by providing access to healthy choices at school, work, church and in the community.

 **Healthy School Environments**
 Chesterfield County School District **doubled** the number of school-based mental health counselors in the 2015-2016 school year. Every school has access to services at least once a week.

 **Healthy Community Environments**
 During the annual **“Let’s Move Day,”** community members sign up for lifestyle change classes. **“Foods for Life: Reversing Diabetes”** classes are conducted in the spring.

 **Access to Medical Care**
 A free medical clinic provides services to those without access to medical care. **100% of staff are volunteers.** The clinic is supported through community donations, small grants, and volunteer efforts.

 **Tobacco-Free & Drug-Free Initiatives**
 The **Youth Development Coalition** works to implement public awareness and educational campaigns and other environmental strategies to **prevent youth from using** marijuana, alcohol, tobacco and/or misusing prescription drugs.

1. County Health Rankings, Robert Wood Johnson Foundation, 2015.
2. United States Census Bureau, 2015.
3. S.C. Department of Employment and Workforce, September 2015.
4. S.C. Department of Health and Environmental Control Vital Statistics, 2014.
5. Behavioral Risk Factor Surveillance System, Centers for Disease Control and Prevention, 2011-2013.
6. Behavioral Risk Factor Surveillance System, Centers for Disease Control and Prevention, 2006-2012.
7. S.C. Department of Health and Environmental Control, CHAS 2014.
8. Youth Risk Behavior Surveillance System, Centers for Disease Control and Prevention, 2013.
9. Chesterfield County Communities That Care Survey, 2014.

