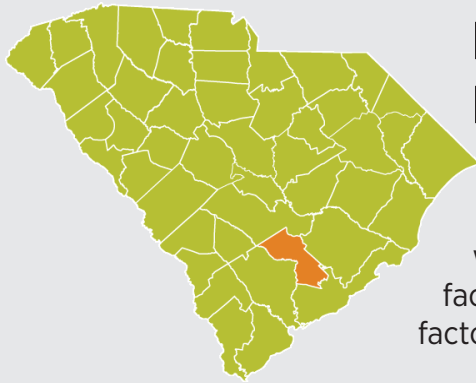


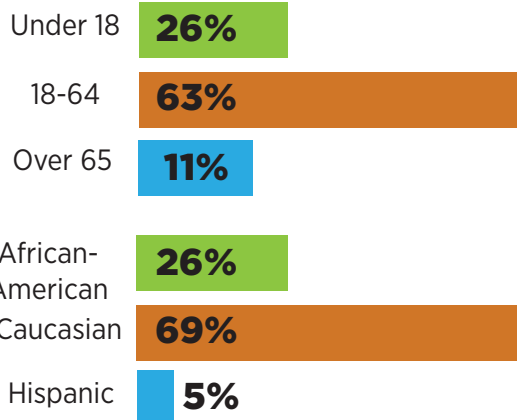
Moving Toward a Healthier Dorchester County



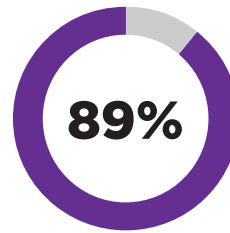
Based on the 2015 County Health Rankings¹, Dorchester County is ranked **5th** out of 46 counties in South Carolina for health outcomes, which measures length and quality of life, and is ranked **4th** for health factors, which measures health behaviors, clinical care, social and economic factors, and physical environment.

Dorchester County Demographics

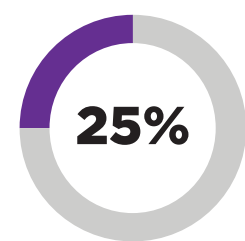
Population = 145,400²



High School Education³



College Education³



Median Household Income² = \$53,857



5.3%

Unemployment³



12.1%

Poverty²

Dorchester County Health Statistics

Leading Causes of Death⁴



Cancer



Heart Disease



Stroke

Risk Factors Among Adults



30.5%

are obese⁵



22.1%

are not physically active⁵



9.7%

have diabetes⁵



19%

currently smoke cigarettes⁶

Children in South Carolina

County-level data on children's health is not currently available.



children ages 2-17 are overweight or obese⁷

68% Middle School S.C. students do not get the recommended 60 minutes of physical activity every day⁸

76% High School S.C. students do not get the recommended 60 minutes of physical activity every day⁸



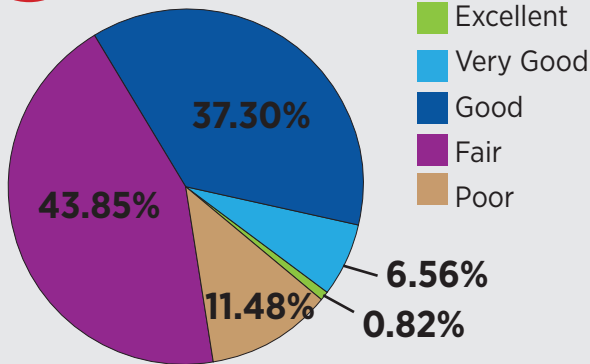
16% high school students currently smoke cigarettes⁸

Dorchester County Community Health Assessment Results

Dorchester County leaders conducted a community health assessment to determine how residents feel about their health, their healthy eating and active living practices, and the areas in need of improvement. Volunteers **interviewed 253 residents**.



How would you rate the overall health of the community?



What are the 3 most important factors for a healthy community?

- 53.14%** Good Jobs/Healthy Economy
- 39.33%** Access to Healthy Foods
- 38.08%** Access to Health Care



What are the 3 main reasons why people in your community are not often physically active?

- 62.50%** Too Tired After Work
- 40.09%** Not Enough Sidewalks
- 33.19%** No Parks/Outdoor Space



What are the 3 main reasons why people in your community do not frequently eat healthy foods?

- 71.31%** Eat Fast Food Regularly
- 55.70%** Too Expensive
- 40.51%** Too Tired After Work



I think these are the 3 most important health concern in our community:

- 68.72%** Obesity
- 34.98%** Heart Disease
- 31.69%** Diabetes

Examples of Community Action in Dorchester County

Community coalitions are working diligently to close the health disparity gap and to improve the health of their communities by providing access to healthy choices at school, work, church and in the community.



Healthy School Environments

The MUSC Lean Team is working with schools to improve their health and safety policies and programs. **Twenty-two (100%)** schools in Dorchester School District 2 have completed a school health plan through either the CDC School Health Index or the Alliance for a Healthier Generation Healthy Schools Program.



Youth Engagement

The Dorchester County HYPE Project Team (**11 youth**) completed the Faithful Families Eating Smart and Moving More Assessment with **four** churches. They convinced the pastors to support healthy eating and active living through the creation of healthy ministries, prayer walks and other strategies.

1. County Health Rankings, Robert Wood Johnson Foundation, 2015.
2. United States Census Bureau, 2015.
3. S.C. Department of Employment and Workforce, September 2015.
4. S.C. Department of Health and Environmental Control Vital Statistics, 2014.
5. Behavioral Risk Factor Surveillance System, Centers for Disease Control and Prevention, 2011-2013.
6. Behavioral Risk Factor Surveillance System, Centers for Disease Control and Prevention, 2006-2012.
7. S.C. Department of Health and Environmental Control, CHAS 2014.
8. Youth Risk Behavior Surveillance System, Centers for Disease Control and Prevention, 2013.

