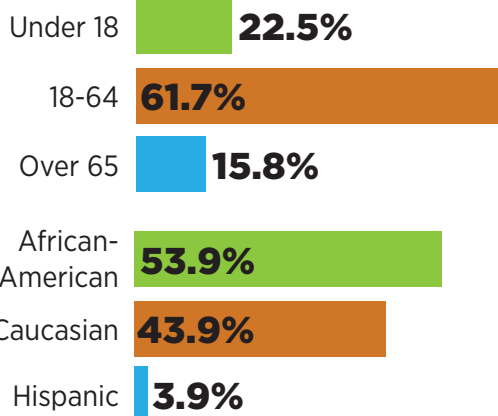


Moving Toward a Healthier Hampton County

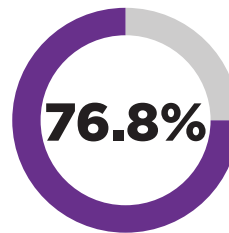
Based on the 2016 County Health Rankings¹, Hampton County is ranked **29th** out of 46 counties in South Carolina for health outcomes, which measures length and quality of life, and is ranked **33rd** for health factors, which measures health behaviors, clinical care, social and economic factors, and physical environment.

Hampton County Demographics

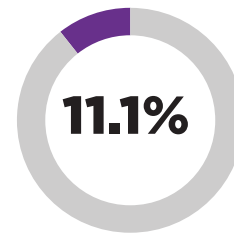
Population = 20, 049²



High School Education³



College Education³



Median Household Income³ = \$34,494



7.2%

Unemployment³



23.8%

Poverty²

Hampton County Health Statistics

Leading Causes of Death⁴



Heart Disease



Cancer



Stroke



41.5%

are obese⁵



31.8%

are not physically active⁵



15.4%

have diabetes⁵



19%

currently smoke cigarettes⁶

Children in South Carolina

County-level data on children's health is not currently available.



children ages 2-17 are overweight or obese⁷

68% Middle School S.C. students do not get the recommended 60 minutes of physical activity every day⁸

76% High School S.C. students do not get the recommended 60 minutes of physical activity every day⁸



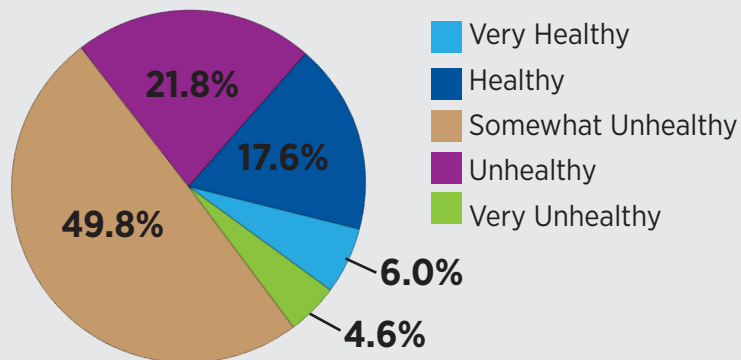
16% high school students currently smoke cigarettes⁸

Hampton County Community Health Assessment Results

Hampton County leaders conducted a community health assessment to determine how residents feel about their health, their healthy eating and active living practices, and the areas in need of improvement.



How would you rate the overall health of the community?



What are the 3 most important factors for a healthy community?

- 50.9%** Low Crime
- 45.5%** Good Jobs/Healthy Economy
- 42.7%** Good Schools



How do you feel about eating fruits and vegetables??

- 52.2%** Extremely Important
- 39.7%** Important
- 4.0%** Not Important



How do you feel about being physically active?

- 50.4%** Extremely Important
- 39.6%** Important
- 2.7%** Not Important

Examples of Community Action in Hampton County

Community coalitions are working diligently to close the health disparity gap and to improve the health of their communities by providing access to healthy choices at school, work, church and in the community.



Active Community Environments

Coalition leaders secured a grant to create and installed **walking trail signs** at Lake Warren State Park. Leaders also conducted a **comprehensive walkability study** and created a walking plan and map for future projects.



Youth Engagement

18 teens formed a HYPE Project team to advocate improvements to the only public basketball court in the Town of Yemassee. Due to budget shortfalls, the Town Council turned down the request.



Healthy School Environments

100% of the schools in Hampton School District 1 are implementing physical activity into the classroom through **CATCH - Coordinated Approach to Child Health**. The District is also participating in **Alliance for a Healthier Generation's** Healthy Schools Program



Tobacco-Free & Smoke-Free Communities

100% of Hampton County school districts adopted **district-wide tobacco-free policies**. Three municipalities adopted smoke-free policies - Estill, Hampton, and Yemassee. These policies impact **more than 9,300 people**.

1. County Health Rankings, Robert Wood Johnson Foundation, 2016.
2. United States Census Bureau, 2016.
3. S.C. Department of Employment and Workforce, February 2016.
4. S.C. Department of Health and Environmental Control Vital Statistics, 2014.
5. Behavioral Risk Factor Surveillance System, Centers for Disease Control and Prevention, 2011-2013.
6. Behavioral Risk Factor Surveillance System, Centers for Disease Control and Prevention, 2006-2012.
7. S.C. Department of Health and Environmental Control, CHAS 2014.
8. Youth Risk Behavior Surveillance System, Centers for Disease Control and Prevention, 2013.
9. S.C. Tobacco-Free Collaborative, September 2015.

