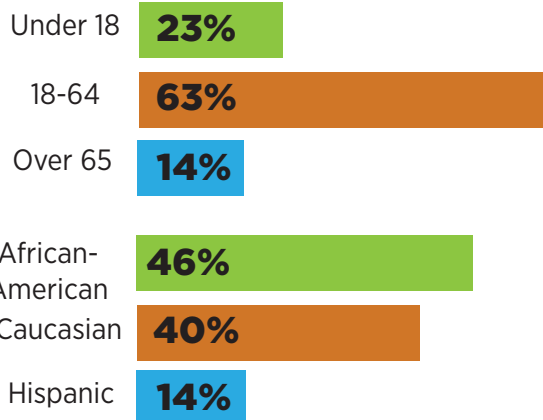# Moving Toward a Healthier Jasper County
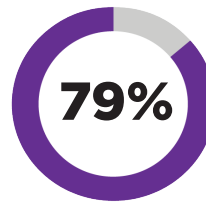
Based on the 2015 County Health Rankings[1], Jasper County is ranked **24th** out of 46 counties in South Carolina for health outcomes, which measures length and quality of life, and is ranked **42nd** for health factors, which measures health behaviors, clinical care, social and economic factors, and physical environment.
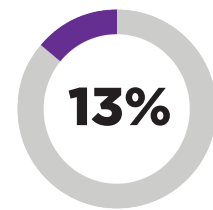
Jasper County Demographics

Population = 27,170[2]

Under 18	**23%**
18-64	**63%**
Over 65	**14%**

African-American	**46%**
Caucasian	**40%**
Hispanic	**14%**

High School Education[3]
79%

College Education[3]
13%

Median Household Income[3] = $36,413

5.1% Unemployment[3]

24% Poverty[2]

Chesterfield County Health Statistics

Leading Causes of Death[4]

Heart Disease

Cancer

Accidents

Risk Factors Among Adults

38.5% are obese[5]

26.8% are not physically active[5]

13.5% have diabetes[5]

26% currently smoke cigarettes[6]

Children in South Carolina
County-level data on children's health is not currently available.

36% children ages 2-17 are overweight or obese[7]

68% Middle School   **76%** High School
S.C. students do not get the recommended 60 minutes of physical activity every day[8]

16% high school students currently smoke cigarettes[8]

Japser County Community Health Assessment Results

Jasper County leaders conducted a community health assessment to determine how residents feel about their health, their healthy eating and active living practices, and the areas in need of improvement.

What are the top five unhealthy behaviors?

1. Being Overweight
2. Drug Abuse
3. Poor Eating Habits
4. Lack of Exercise
5. Not Going to a Doctor

According to County Health Rankings, population health outcomes are as follows:

70% Have Access to Physical Activity
26% Are Physically Inactive
26% Smoke
16% Report Poor or Fair Health

Examples of Community Action in Jasper County

Community coalitions are working diligently to close the health disparity gap and to improve the health of their communities by providing access to healthy choices at school, work, church and in the community.

Healthy School Environments
4 of 4 (100%) schools are enrolled in the Alliance for a Healthier Generation's Healthy Schools Program.

Worksite Wellness
Community leaders and organizers created **2** community gardens in Jasper County: Jasper County Neighbors United and Ridgeland-Hardeeville High School.

Access to Healthy Foods
Community leaders and organizers created **2** community gardens in Jasper County: Jasper County Neighbors United and Ridgeland-Hardeeville High School.

Smoke-Free Communities[9]
Jasper County School District adopted a district-wide smoke-free and tobacco-free policy. This policy effects all employees and visitors at **100%** of its schools: **2** elementary schools, **1** middle school, and **1** high school.

1. County Health Rankings, Robert Wood Johnson Foundation, 2015.
2. United States Census Bureau, 2015.
3. S.C. Department of Employment and Workforce, September 2015.
4. S.C. Department of Health and Environmental Control Vital Statistics, 2014.
5. Behavioral Risk Factor Surveillance System, Centers for Disease Control and Prevention, 2011-2013.
6. Behavioral Risk Factor Surveillance System, Centers for Disease Control and Prevention, 2006-2012.
7. S.C. Department of Health and Environmental Control, CHAS 2014.
8. Youth Risk Behavior Surveillance System, Centers for Disease Control and Prevention, 2013.
9. S.C. Tobacco-Free Collaborative, September 2015.

D H E C
PROMOTE PROTECT PROSPER
South Carolina Department of Health and Environmental Control

eat smart
move more
SOUTH CAROLINA

www.scdhec.gov
www.esmmsc.org

January 2016