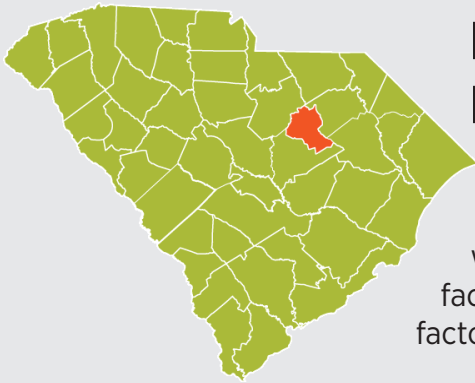


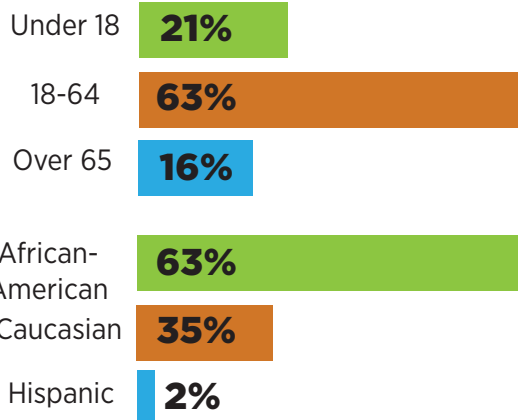
Moving Toward a Healthier Lee County



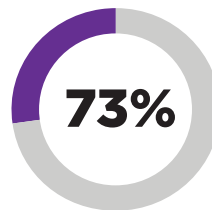
Based on the 2015 County Health Rankings¹, Lee County is ranked **44th** out of 46 counties in South Carolina for health outcomes, which measures length and quality of life, and is ranked **31st** for health factors, which measures health behaviors, clinical care, social and economic factors, and physical environment.

Lee County Demographics

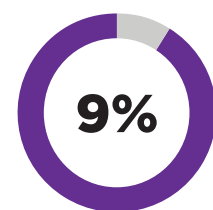
Population = 18,407²



High School Education³



College Education³



Median Household Income³ = \$27,373



7.8%

Unemployment³



28%

Poverty²

Lee County Health Statistics

Leading Causes of Death⁴



Cancer



Heart Disease



Chronic Lower Respiratory Disease
Diabetes

Risk Factors Among Adults



44.1%

are obese⁵



30%

are not physically active⁵



14.1%

have diabetes⁵



16%

currently smoke cigarettes⁶

Children in South Carolina

County-level data on children's health is not currently available.



children ages 2-17 are overweight or obese⁷

68% Middle School S.C. students do not get the recommended 60 minutes of physical activity every day⁸

76% High School S.C. students do not get the recommended 60 minutes of physical activity every day⁸



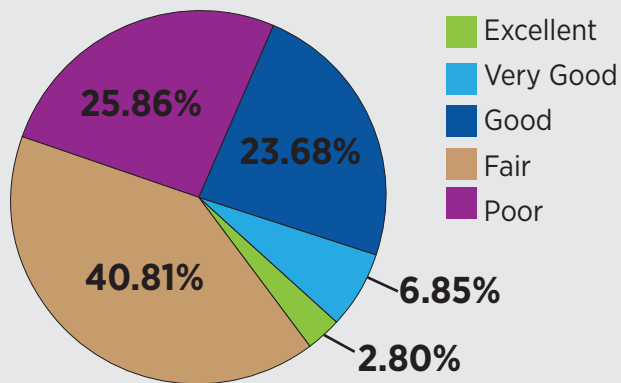
16% high school students currently smoke cigarettes⁸

Lee County Community Health Assessment Results

Lee County leaders conducted a community health assessment to determine how residents feel about their health, their healthy eating and active living practices, and the areas in need of improvement. Volunteers **interviewed 364 residents.**



How would you rate the overall health of the community?



Do you support smoke-free workplaces, including restaurants and bars?

79.55% Yes
20.45% No



What are the 3 most concerning health issues in your community?

52.19% Diabetes
45.48% High Blood Pressure
39.07% Cancer



What are the 3 main reasons you are not active more often?

55.08% Not enough places to be active
38.14% Personal Choice
33.05% Crime



What are the 3 main reasons you do not eat healthy foods more often?

54.30% No farmer's market
51.95% Too expensive
25.00% No grocery store nearby

Examples of Community Action in Lee County

Community coalitions are working diligently to close the health disparity gap and to improve the health of their communities by providing access to healthy choices at school, work, church and in the community.



Healthy School Environments

5 of 6 (83.3%) schools implemented the SC Farm to School Program. **100%** of child development centers implemented the ABC Grow Healthy Nutrition and Physical Activity Standards.



Access to Healthy Foods

Community leaders and organizers created **7** community gardens throughout Lee County. **Two** of those gardens are located on church grounds.



Youth Engagement

18 Lee Central High School (LCHS) students created a HYPE Project Team to advocate for healthy eating and active living. The team presented strategies to the LCHS Food Service Director for improving fruit and vegetable consumption among students.

1. County Health Rankings, Robert Wood Johnson Foundation, 2014.
2. United States Census Bureau, 2015.
3. S.C. Department of Employment and Workforce, September 2015.
4. S.C. Department of Health and Environmental Control Vital Statistics, 2014.
5. Behavioral Risk Factor Surveillance System, Centers for Disease Control and Prevention, 2011-2013.
6. Behavioral Risk Factor Surveillance System, Centers for Disease Control and Prevention, 2006-2012.
7. S.C. Department of Health and Environmental Control, CHAS 2014.
8. Youth Risk Behavior Surveillance System, Centers for Disease Control and Prevention, 2013.



www.scdhec.gov
www.esmmsc.org