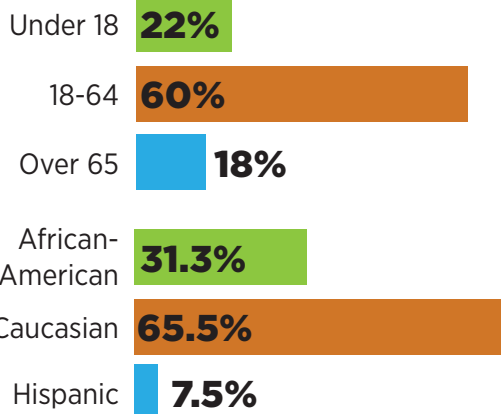


Moving Toward a Healthier Newberry County

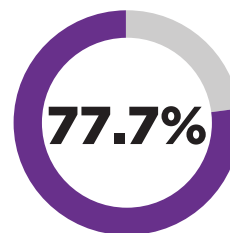
Based on the 2016 County Health Rankings¹, Newberry County is ranked **23rd** out of 46 counties in South Carolina for health outcomes, which measures length and quality of life, and is ranked **11th** for health factors, which measures health behaviors, clinical care, social and economic factors, and physical environment.

Newberry County Demographics

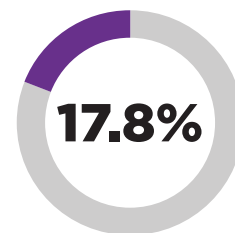
Population = 38, 012²



High School Education³



College Education³



Median Household Income³ = \$41,971



5%

Unemployment³



19.4%

Poverty²

Newberry County Health Statistics

Leading Causes of Death⁴



Heart Disease



Cancer



Alzheimers

Risk Factors Among Adults



33.4%

are obese⁵



25.2%

are not physically active⁵



12.7%

have diabetes⁵



25%

currently smoke cigarettes⁶

Children in South Carolina

County-level data on children's health is not currently available.



children ages 2-17 are overweight or obese⁷

68% Middle School S.C. students do not get the recommended 60 minutes of physical activity every day⁸

76% High School S.C. students do not get the recommended 60 minutes of physical activity every day⁸



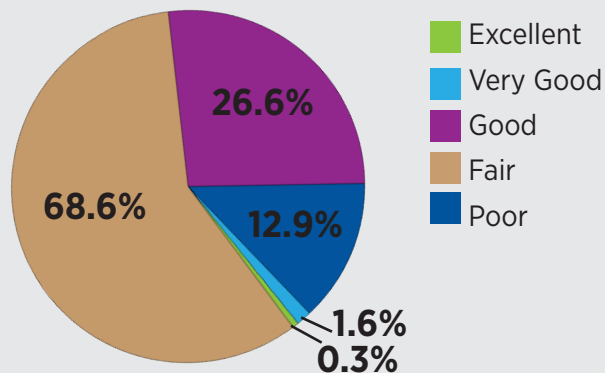
16% high school students currently smoke cigarettes⁸

Newberry County Community Health Assessment Results

Newberry County leaders conducted a community health assessment to determine how residents feel about their health, their healthy eating and active living practices, and the areas in need of improvement.



How would you rate the overall health of the community?



What are the 3 most concerning health issues in Newberry County?

- 66.6%** Obesity/Overweight
- 37.5%** Drug Use
- 32.6%** Diabetes



What are the 3 main reasons your community isn't active more often?

- 73.0%** Personal choice
- 66.9%** Too tired after working
- 34.4%** Heat/Cold



Do you support smoke-free workplaces, including restaurants and bars?

- 90.9%** Yes
- 9.1%** No



What are the 3 main reasons your community doesn't eat healthy foods more often?

- 80.8%** Eat fast food regularly
- 66.8%** Don't cook at home
- 61.5%** Too expensive

Examples of Community Action in Newberry County

Community coalitions are working diligently to close the health disparity gap and to improve the health of their communities by providing access to healthy choices at school, work, church and in the community.



Active Community Environments

Newberry City leaders worked with a consultant to create a **master plan for trail connectivity** to improve access to safe places to be physically active. Handicap-accessible ramps, signs, and crosswalk improvements were made along Scott's Creek Greenway.



Healthy School Environments

Newberry County School District implemented healthy school foods to provide students with healthy choices in the cafeteria. Newberry High School cafeteria received a makeover to provide a more engaging atmosphere for its students, staff and faculty.



Tobacco-Free & Smoke-Free Communities

Newberry County School District adopted a **district-wide tobacco-free policy**, impacting **more than 5,600 people**.

1. County Health Rankings, Robert Wood Johnson Foundation, 2016.
2. United States Census Bureau, 2016.
3. S.C. Department of Employment and Workforce, February 2016.
4. S.C. Department of Health and Environmental Control Vital Statistics, 2014.
5. Behavioral Risk Factor Surveillance System, Centers for Disease Control and Prevention, 2011-2013.
6. Behavioral Risk Factor Surveillance System, Centers for Disease Control and Prevention, 2006-2012.
7. S.C. Department of Health and Environmental Control, CHAS 2014.
8. Youth Risk Behavior Surveillance System, Centers for Disease Control and Prevention, 2013.
9. S.C. Tobacco-Free Collaborative, September 2015.

