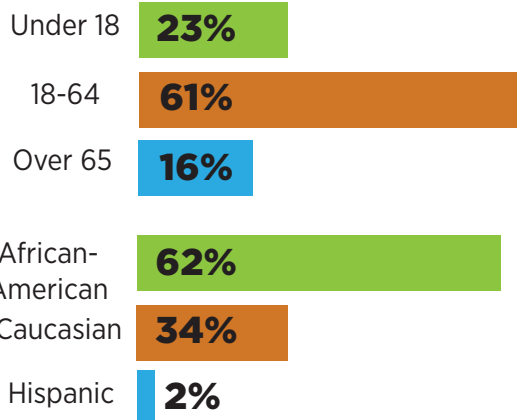


Moving Toward a Healthier Orangeburg County

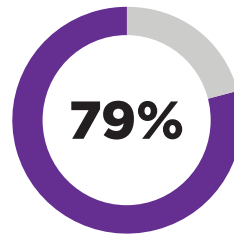
Based on the 2015 County Health Rankings¹, Orangeburg County is ranked **39th** out of 46 counties in South Carolina for health outcomes, which measures length and quality of life, and is ranked **34th** for health factors, which measures health behaviors, clinical care, social and economic factors, and physical environment.

Orangeburg County Demographics

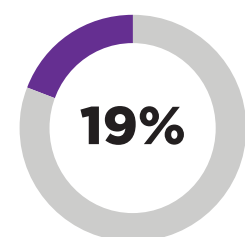
Population = 90,942²



High School Education³



College Education³



Median Household Income³ = \$34,110



10.2%
Unemployment³



25.2%
Poverty²

Orangeburg County Health Statistics

Leading Causes of Death⁴



Cancer



Heart Disease



Diabetes Stroke

Risk Factors Among Adults



41%
are obese⁵



26.8%
are not physically active⁵



14.1%
have diabetes⁵



21%
currently smoke cigarettes⁶

Children in South Carolina

County-level data on children's health is not currently available.



36%
children ages 2-17 are overweight or obese⁷

68% Middle School
76% High School
S.C. students do not get the recommended 60 minutes of physical activity every day⁸



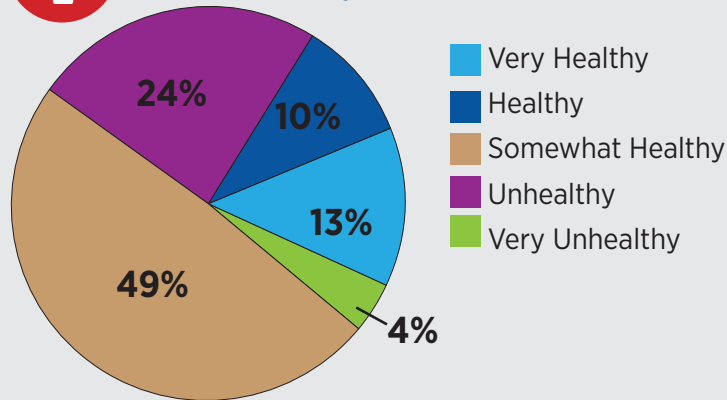
16%
high school students currently smoke cigarettes⁸

Orangeburg County Community Health Assessment Results

Orangeburg County leaders conducted a community health assessment to determine how residents feel about their health, their healthy eating and active living practices, and the areas in need of improvement. Volunteers **interviewed 904 residents**.



How would you rate the overall health of the community?



What are risky behaviors in your community?

54.2% Being Overweight
47.9% Alcohol Abuse
43.7% Drug Abuse



What risky behaviors do you take part in?

56.9% Lack of Exercise
51.3% Poor Eating Habits
48.2% Being Overweight



How do you feel about fruits and vegetables?

61.8% Extremely Important
31.1% Important
2.4% Not important



How do you feel about being physically active?

59.2% Extremely Important
34.3% Important
1.5% Not important

Examples of Community Action in Orangeburg County

Community coalitions are working diligently to close the health disparity gap and to improve the health of their communities by providing access to healthy choices at school, work, church and in the community.



Active Community Environments

18 existing walking trails are marked with signs, allowing walkers to mark their distance. The City of Orangeburg Bike and Walk Friendly Action Plan is part of the regional plan to improve conditions for bicyclists and walkers.



Access to Healthy Foods

Enhanced the Right Choice, Fresh Start Farmer's Market, **increasing** the number of SNAP, WIC and voucher program **purchases**. Enhancements include adopting the Healthy Bucks Program.



Healthy School Environments

3 of 27 (11%) schools are participating in the online version of Alliance for a Healthier Generation's Healthy Schools Program, which assists in making healthy improvements.



Smoke-Free Communities

4 of 25 (16%) potential sites, including cities, school districts, and colleges, are tobacco-free. This effects approximately **15,000 people**⁹.

1. County Health Rankings, Robert Wood Johnson Foundation, 2015.
2. United States Census Bureau, 2015.
3. S.C. Department of Employment and Workforce, September 2015.
4. S.C. Department of Health and Environmental Control Vital Statistics, 2014.
5. Behavioral Risk Factor Surveillance System, Centers for Disease Control and Prevention, 2011-2013.
6. Behavioral Risk Factor Surveillance System, Centers for Disease Control and Prevention, 2006-2012.
7. S.C. Department of Health and Environmental Control, CHAS 2014.
8. Youth Risk Behavior Surveillance System, Centers for Disease Control and Prevention, 2013.
9. S.C. Tobacco-Free Collaborative, June 2014.



www.scdhec.gov
www.esmmsc.org