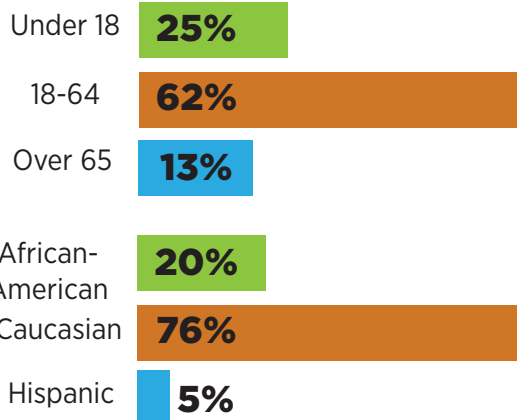


## Moving Toward a Healthier York County

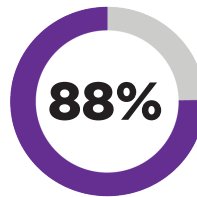
Based on the 2015 County Health Rankings<sup>1</sup>, York County is ranked **2nd** out of 46 counties in South Carolina for health outcomes, which measures length and quality of life, and is ranked **7th** for health factors, which measures health behaviors, clinical care, social and economic factors, and physical environment.

### York County Demographics

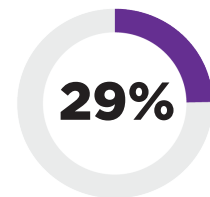
**Population = 245,346<sup>2</sup>**



High School Education<sup>3</sup>



College Education<sup>3</sup>



**Median Household Income<sup>3</sup> = \$53,740**



**5.3%**

Unemployment<sup>3</sup>



**13.4%**

Poverty<sup>2</sup>

### York County Health Statistics

#### Leading Causes of Death<sup>4</sup>



Cancer



Heart Disease



Accidents

#### Risk Factors Among Adults



**28.3%**

are obese<sup>5</sup>



**21.3%**

are not physically active<sup>5</sup>



**10%**

have diabetes<sup>5</sup>



**20%**

currently smoke cigarettes<sup>6</sup>

#### Children in South Carolina

County-level data on children's health is not currently available.



children ages 2-17 are overweight or obese<sup>7</sup>

**68%** Middle School S.C. students do not get the recommended 60 minutes of physical activity every day<sup>8</sup>

**76%** High School S.C. students do not get the recommended 60 minutes of physical activity every day<sup>8</sup>



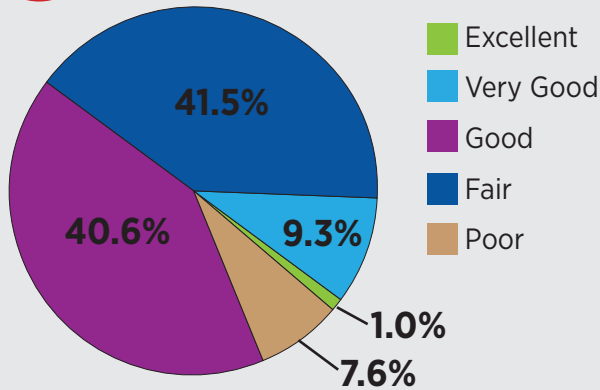
**16%** high school students currently smoke cigarettes<sup>8</sup>

# York County Community Health Assessment Results

York County leaders conducted a community health assessment to determine how residents feel about their health, their healthy eating and active living practices, and the areas in need of improvement. Volunteers **surveyed 1492 residents**.



**How would you rate the overall health of the community?**



**Do you support smoke-free workplaces, including restaurants and bars?**

**94.7%** Yes  
**5.3%** No



**What are the 3 most concerning health issues?**

**71.8%** Overweight/Obesity  
**30.7%** Cancer  
**30.7%** High Blood Pressure



**What are the 3 main reasons your community isn't active more often?**

**69.9%** Personal Choice  
**67.2%** Too Tired After Work  
**30.8%** Too Hot/Too Cold



**What are the 3 main reasons your community doesn't eat healthy foods more often?**

**74.2%** Eat fast food too often  
**64.5%** Don't cook at home  
**59.0%** Too expensive

## Examples of Community Action in York County

Community coalitions are working diligently to close the health disparity gap and to improve the health of their communities by providing access to healthy choices at school, work, church and in the community.



### Active Community Environments

York County has marked **over 150 miles of bike routes**, connecting **4 municipalities**. Residents have safer access to physical activity due to **walkability assessments** the Town of Clover.



### Access to Healthy Foods

York County residents have access to fresh fruits and vegetable at **3** farmers markets and **13** roadside markets. **One** farmers market accepts Senior and WIC Vouchers.



### Healthy School Environments

Ebenezer Ave Elementary School completed a **2-week bike curriculum with 19 students**. The bicycle safety program was successful enough to make it part of the PE curriculum every year.



### Faith-Based Tobacco Initiatives

**100% (4)** of York County School Districts adopted comprehensive tobacco-free policies, as well as York Technical College. City of Clover parks are **tobacco-free**, and many faith-based organizations have **tobacco-free policies**.<sup>9</sup>

1. County Health Rankings, Robert Wood Johnson Foundation, 2015.
2. United States Census Bureau, 2015.
3. S.C. Department of Employment and Workforce, September 2015.
4. S.C. Department of Health and Environmental Control Vital Statistics, 2014.
5. Behavioral Risk Factor Surveillance System, Centers for Disease Control and Prevention, 2011-2013.
6. Behavioral Risk Factor Surveillance System, Centers for Disease Control and Prevention, 2006-2012.
7. S.C. Department of Health and Environmental Control, CHAS 2014.
8. Youth Risk Behavior Surveillance System, Centers for Disease Control and Prevention, 2013.
9. S.C. Tobacco-Free Collaborative, September 2015.

